

Adult Free Mix-In Sessions

Saturday	1.30 – 3.30pm Play continues un-supervised until 5pm (1.45 – 4pm indoors if wet)	Coach supervised Blue members and above
Sunday	1.30 – 3:30pm (1.00 – 2.30pm indoors if wet)	Coach supervised (All adult members)
Tuesday(Summer)	5.30pm onwards (outside) 1 st May Onwards	Mix-in (All adult members)
Tuesday(Winter)	7 – 10pm (indoors)	Mix-in (All adult members. Small charge to cover refreshments)
Thursday	10 – 11:30am	Introduction to basic Doubles A great session for those people who are unsure of basic positioning and tactics of doubles and lack the confidence to attend club sessions. Match play based.